

Social Emotional Learning (SEL) Day Proclamation
March 8, 2024

WHEREAS, social-emotional learning (SEL) is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions;

WHEREAS, teaching SEL competencies helps today's students be safe, skilled, and ready to learn and are essential to succeed in school, the workplace, at home, and in the community;

WHEREAS, results from extensive research show that SEL interventions that addressed the five core competencies (self-awareness, self-management, social awareness, relationship skills, and responsible decision-making) increased academic performance by 13 percentile points, improved students' ability to manage stress, and improved attitudes about self, others, and school;

WHEREAS, investments in evidence-based SEL programs create safer and more supportive classrooms by decreasing school dropout rates by 5-12%, decreasing physical aggression, and decreasing bullying;

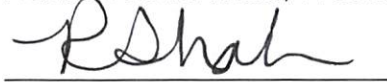
WHEREAS, top companies are emphasizing the importance of social and emotional skills such as self-awareness, self-management, and responsible decision making for success in the next generation of employees and entrepreneurs, and teaching SEL competencies prepares today's student to be tomorrow's leaders;

WHEREAS, research shows that investments in evidence-based SEL programs can lead to improved educational achievement and long-term benefits to society; and

THEREFORE, the Governing Board of the Tucson Unified School District does hereby proclaim the second Friday in March (3/8/24) as SOCIAL EMOTIONAL LEARNING (SEL) DAY and encourage all community members to learn about and share their knowledge of the importance and impact of integrating evidence based SEL into our schools, organizations, and community.



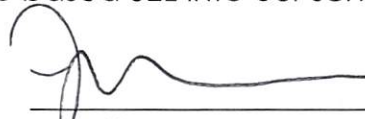
Natalie Luna Rose, President



Dr. Ravi Shah



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