

## **Resolution to Partner with Pima County Health Department in Reviewing and Expanding Student Health Programs in the Tucson Unified School District (TUSD)**

**Whereas**, physical inactivity, poor eating habits, and tobacco and alcohol use are primary causes of chronic diseases – such as heart disease, cancer, stroke, and diabetes – that are the leading causes of death in our nation, and

**Whereas**, these high-risk behaviors typically are established during childhood and adolescence, and the physiological processes that lead to chronic diseases also can start in youth, and

**Whereas**, unintentional injuries – such as motor-vehicle crashes, drowning, or poisoning, violence and trauma – such as homicide, suicide, assault, sexual violence, and dating and domestic violence – cause significant death and disability among children, adolescents, and young adults, and

**Whereas**, the entire school environment influences habits and practices related to health and safety, and the promotion of healthy and safe behaviors among students should be a fundamental mission of schools and school districts, and

**Whereas**, schools provide young people with the knowledge and skills they need to become healthy and productive adults, and

**Whereas**, improving student health and safety can increase students' capacity to learn, can reduce absenteeism, and can improve physical fitness and mental alertness, and

**Whereas**, numerous programs within TUSD currently address the health of students, including Health Education, Wellness Coordinators, School Health Advisory Councils, Structured recess, and School Gardens/Farms, and

**Whereas**, Pima County has partnered with the Centers for Disease Control (CDC) to undertake a county-wide approach to coordinated school health;

**Whereas**, programs like the CDC's Coordinated School Health Model address overall healthy school environments, including health and physical education, nutrition, and social and mental health services, and

**Whereas**, involving and coordinating the efforts of such interactive components greatly assists in maintaining the wellbeing of students and plays a critical role in

preventing school absences and the leading causes of illness, disability, hospitalizations, and death,

**Now, therefore, be it resolved** that the TUSD Governing Board hereby supports TUSD partnering with Pima County in an effort to review and expand health and wellness programs to further the health of our students, staff and the entire Pima County community.

Adopted this \_\_\_\_ day of December, 2013

**Tucson Unified School District Governing Board**

\_\_\_\_\_  
**Adelita S. Grijalva, President**

\_\_\_\_\_  
**Kristel Ann Foster, Clerk**

\_\_\_\_\_  
**Michael Hicks, Member**  
**Member**

\_\_\_\_\_  
**Dr. Mark Stegeman,**

\_\_\_\_\_  
**Cam Juárez, Member**