



UA Counseling at FRCs

TUSD Family Resource Centers and University of Arizona

TUCSON UNIFIED
SCHOOL DISTRICT

School Year	Number of FRC Visitors
July 2015 - May 2016	6,800
July 2016 – May 2017	16, 200
July 2017 – May 2018	28, 500
July 2018- September 2018	8,230

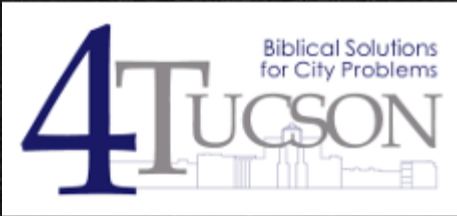
FRC Data:

Counseling Needs:

- Approximately 1 in 5 youth aged 13–18 (21.4%) experiences a mental health condition at some point during their life. For children aged 8–15, the estimate is 13%
- Just over half (50.6%) of children, aged 8-15, with a mental health condition received mental health services in the previous year.¹²
- African Americans and Hispanic Americans each use mental health services at about one-half the rate of Caucasian Americans and Asian Americans at about one-third the rate.

(National Alliance on Mental Health, 2018)

It takes a village (FRC Mental Health Partnerships):



Addressing mental health in schools can:

- Reduce dropout rate
- Lower risk of suicide
- Improve help-seeking
- Improve academic achievement
- Improves classroom and school dynamics

Potential Impact of UA Counseling

All FRCs Staffed:

64

service hours per week

Counseling Interns & Counseling Practicum Students

Individual, Direct Service One-on-One Service

8 Interns at 8 hours per week = 64 service hours per week

Mondays (12-8pm): Palo Verde FRC (2 UA Counseling Interns)

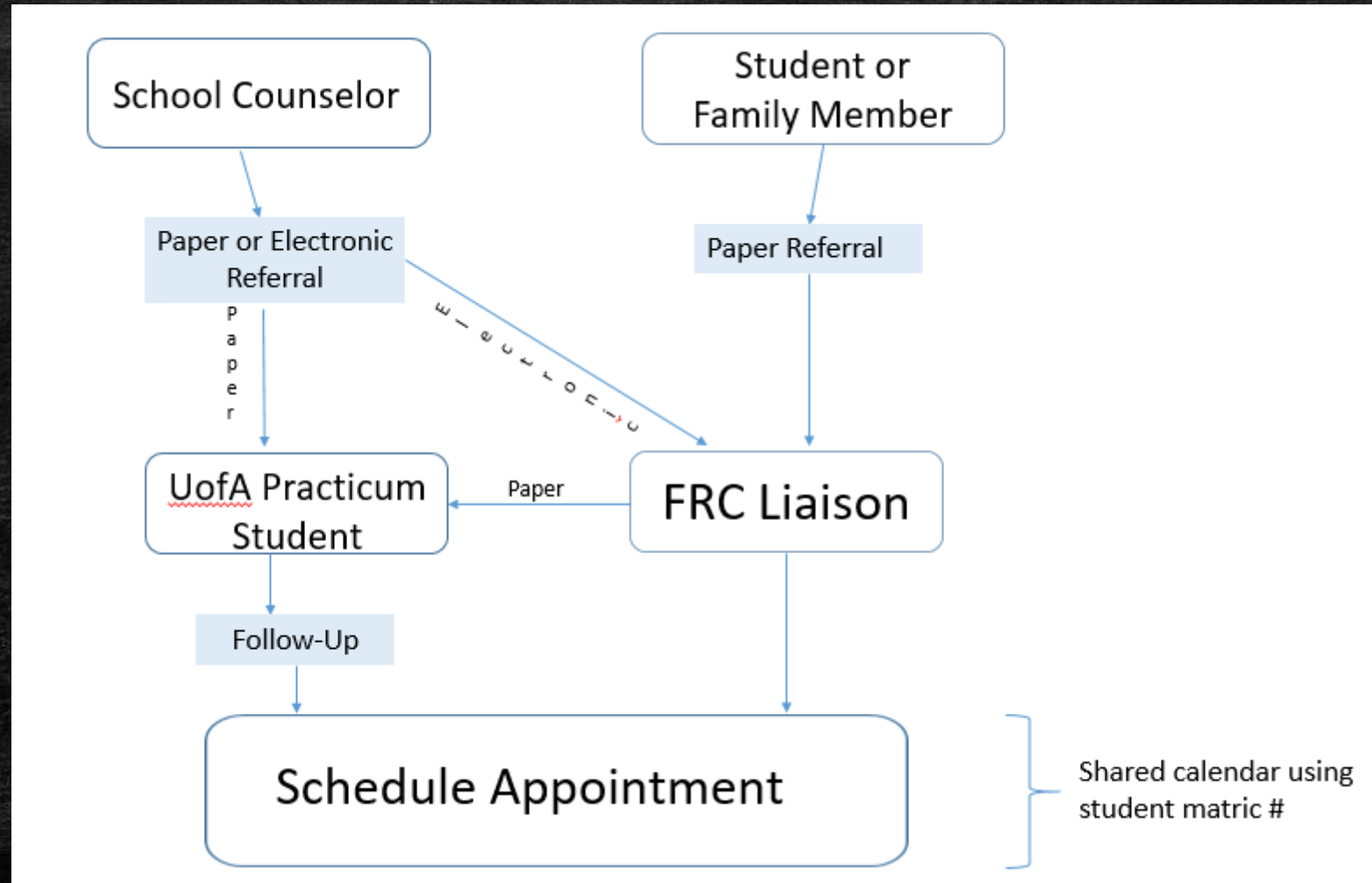
Tuesdays (12-8pm): Wakefield FRC (2 UA Counseling Interns)

Wednesdays (12-8pm): Southwest FRC (2 UA Counseling Interns)

Thursdays (12-8pm): Catalina FRC (2 UA Counseling Interns)

*UA has the ability to provide 24 Interns per semester

Referral Process:



Contact Information:

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