

Arizona Nutrition Network FY 2013 Program Information Sheet

The following agency intends to participate and become a contractor in the Arizona Nutrition Network program.

Organization Name: Tucson Unified School District

Type of Agency: Public School District

Taxpayer Identification number (TIN) or EIN #: 86-6000551

Authorized Organization Representative:

Include in group emails: Yes: No:

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City: Tucson State: AZ Zip: 85719

Financial Person Responsible for Preparing Invoices:

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Program Contact:

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Title: Dietitian & Production Technical Coordin Email: Lindsay.Aguilar@tusd1.org

Phone: 520-225-4736 Fax: 520-225-4867

Street Address: 2150 E. 15th Street

City: Tucson State: AZ Zip: 85719

Registered Dietician (RD):

On Contract: Staff:

Physical Activity Professional:

On Contract: Staff:

Arizona Nutrition Network FY 2013 Project Overview

1. **Organization Name:** Tucson Unified School District

2. **Project Title:** Working on Wellness with Food and Activity Choices

3. **Proposed Project Description:**

a. Related State Goals

1. Half your plate is fruits and veggies, make half your grains whole grains, switch to fat free or low fat dairy.

Goal 1 - By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who meet dietary recommendations for fruit and vegetable consumption.

Goal 2 - By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who meet dietary recommendations for calcium by consuming low fat and fat free dairy.

Goal 3 - By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who consume half of their grains as whole grains.

2. Increase physical activity and reduce time spent in sedentary behaviors.

Goal 4 - By September 30, 2013, increase the proportion of SNAP recipient and eligible children who participate in cumulative intermittent physical activity for 60 minutes a day.

Goal 5 - By September 30, 2013, increase the proportion of SNAP recipient and eligible adults who engage regularly, preferably daily, in moderate or vigorous physical activity.

**3. Maintain appropriate calorie balance during each stage of life-
childhood, adolescence, adulthood, pregnancy and breastfeeding and older age.**

Goal 6 - By September 30, 2013, increase the number of learning opportunities following the MyPlate guidelines for SNAP recipients and eligibles that would promote a healthy lifestyle.

b. Audience:

(1) Family composition (single parent household, multi-generational, ...)

(2) Education (high school, less than high school, some college, ...)

(3) Income (average income, poverty levels, ...)

Low income SNAP eligible students and their parents/families, specifically at schools where 50% or more of the students enrolled qualify for free or reduced price meals. 69.22% of TUSD's enrollment qualifies for free or reduced price meals.

(4) Geographic location where SNAP eligibles may reside (rural, reservation, county, ...)

SNAP eligible students and their parents/families within Pima County enrolled at the largest school district in Pima County (second largest school district in the state of Arizona).

(5) Incidence or prevalence of nutrition health risks (i.e. rate of obesity, overweight, or food insecurity)

57.9% of residents in Pima County are overweight or obese.

(6) Nutrition related behavioral and lifestyle characteristics (physical activity levels, consumption patterns, ...)

78.3% of residents in Pima County consume less than 5 servings a day of fruits and vegetables. 56.5% of residents in Pima County do not meet physical activity recommendations.

Source for Audience Information:

NSLP Percentage of Free & Reduced Reports Oct. 2011, Arizona Nutrition Network Needs Assessment for FY 2010, Tucson Unified School District enrollment statistics Oct. 12, 2011 provided through the district's Accountability & Research Department

Gender: <input checked="" type="checkbox"/> Male	51.60%	<input checked="" type="checkbox"/> Female	48.40%
		Total Gender:	100.00%

Age: <input checked="" type="checkbox"/> Under 5 Years Old	1.70%	<input checked="" type="checkbox"/> 5 - 17 Years Old	98.30%
<input type="checkbox"/> 18 - 59 Years Old		<input type="checkbox"/> 60 Years or More	
		Total Age Group:	100.00%

Race/Ethnicity: <input type="checkbox"/> American Indian or Alaskan Native <i>Hispanic/Latino</i>		<input checked="" type="checkbox"/> American Indian or Alaskan Native <i>Non Hispanic/Latino</i>	3.90%
<input type="checkbox"/> Asian <i>Hispanic/Latino</i>		<input checked="" type="checkbox"/> Asian <i>Non Hispanic/Latino</i>	2.50%
<input type="checkbox"/> Black or African American <i>Hispanic/Latino</i>		<input checked="" type="checkbox"/> Black or African American <i>Non Hispanic/Latino</i>	5.50%
<input type="checkbox"/> Native Hawaiian or Other Pacific Islander <i>Hispanic/</i>		<input type="checkbox"/> Native Hawaiian or Other Pacific Islander <i>Non Hispanic/Latino</i>	
<input checked="" type="checkbox"/> White <i>Hispanic/Latino</i>	61.40%	<input checked="" type="checkbox"/> White <i>Non Hispanic/Latino</i>	24.10%
<input type="checkbox"/> American Indian or Alaskan Native and White <i>Hispanic/Latino</i>		<input type="checkbox"/> American Indian or Alaskan Native and White <i>Non Hispanic/Latino</i>	
<input type="checkbox"/> Asian and White <i>Hispanic/Latino</i>		<input type="checkbox"/> Asian and White <i>Non Hispanic/Latino</i>	
<input type="checkbox"/> Black or African American and White <i>Hispanic/Latino</i>		<input type="checkbox"/> Black or African American and White <i>Non Hispanic/Latino</i>	
<input type="checkbox"/> American Indian or Alaskan Native and Black or African American <i>Hispanic/Latino</i>		<input type="checkbox"/> American Indian or Alaskan Native and Black or African American <i>Non Hispanic/Latino</i>	
<input type="checkbox"/> All Others Reporting <u>More</u> than One Race <i>Hispanic/Latino</i>		<input checked="" type="checkbox"/> All Others Reporting <u>More</u> than One Race <i>Non Hispanic/Latino</i>	2.60%
		Total Race/Ethnicity:	100.00%

Language: <input checked="" type="checkbox"/> English	73.20%	<input type="checkbox"/> Other: (Specify)	
<input checked="" type="checkbox"/> Spanish	23.40%	<input type="checkbox"/> Other: (Specify)	
<input checked="" type="checkbox"/> Other: Non- English &	3.40%		
		Total Language:	100.00%

c. Focus on Supplemental Nutrition Assistance Program Eligibles:

Certified Eligible: 0
 Likely Eligible: 1,630
 Potentially Eligible: 20,745

d. Project Description

Adults, especially moms with young children, at Public Housing, Food Banks and DES Offices.

K-8 students and their families at schools.

a. Delivery Method (formal classes, food demos, ...)

Nutrition education and physical activity information and activities will be provided through 30-60 minute lessons, food demonstrations, taste testings, and materials sent home to parents and families. The 30-60 minute nutrition lessons include a physical activity that ties in the nutrition message. The food demonstrations will utilize TUSD Cooks which is a cooking program funded by TUSD Food Services. TUSD cooks is a mobile cooking cart that can be taken into classrooms to deliver food demos and cooking classes that tie in nutrition education. TUSD Cooks is also used to involve the school community to have chefs, parents and other TUSD staff participate in food demos and cooking classes. Food demonstrations and cooking classes will be offered to students and to parents and families at after school sessions. TUSD Cooks will also be broadcasted on the local TUSD TV channel funded through the food service department. Cooking demonstrations will be recorded and then broadcasted on TUSD TV to further reach the community and the recordings can be used in classrooms as a teaching tool. Taste testings will also occur as part of nutrition education at each school. School wide taste tests will occur at schools as part of wellness weeks that promote nutrition and physical activity throughout the school. Nutrition materials such as Fun Food News, Fruit and Vegetable Fact Sheets and other network provided materials will be sent home with students that offer parents and families nutrition messages based on program objectives, tips to increase physical activity and recipes that incorporate fruits, vegetables, low fat dairy and whole grains. Parent nutrition education workshops will also be provided to parents at schools including pre-k programs. These parent workshops will also include food demonstrations.

b. Delivery Settings (classrooms, senior center, health care facility, ...)

Program activities will occur in classrooms, school playgrounds, and school multi purpose rooms during after school programs and family events (such as family nutrition night).

c. Frequency (i.e. how many times each participant will be seen, monthly, weekly, etc.)

Classroom education will occur a minimum of 7 times at each school--3 times from SNAP-Ed funded staff and 4 times from Food Service Managers that do nutrition education in the classroom at all schools. Food demonstrations and taste testings will each occur at least 2 times at each school. Additional food demonstrations and cooking classes will be conducted at schools by Food Service Managers, Assistant Managers and Leads. TUSD Cooks will air on local TV at least monthly to broadcast food demonstrations community wide. In addition, all food demonstration recordings will be available to all schools to use in the classroom as often as they would like. After school cooking classes will occur weekly from October through May (30 classes) at 2 schools with 12 new participants each week in order to allow all students an opportunity to participate to maximize reach. Parent after school food demonstrations and nutrition education activities will occur at least 2 times at each qualifying school (16 schools for adults only). Pre-k parent nutrition and food demonstration workshops will occur at least 2 times at qualifying schools with pre-k programs (8 pre-k schools for adults only).

d. Duration of project (entire fiscal year, 6 months, 3 weeks, ...)

TUSD's program will last the entire fiscal year. Nutrition education opportunities will continue to be offered at those schools with summer school programs during June and July.

e. Number of classes (single sessions, 3 part series, ...)

A minimum of 567 classroom education classes at varying grade levels will occur (81 schools x 7 classes each) which will be single sessions. A minimum of 162 food demonstrations and 162 school wide taste testings. 60 cooking classes which are single sessions. 32 parent only food demonstrations and nutrition education classes which are single session. 16 pre-k parent only food demonstrations and nutrition workshops which are single session.

f. Key messages (Fruits & Vegetables, Whole Grain, ...)

The program consists of four focus areas. 1) "Motion Quotient" is the programmatic theme for the priority of increasing awareness of maintaining the appropriate calorie balance--the relationship between energy in (foods and beverages) and energy out (activity) to body weight. There is a focus on learning about the energy aspect of foods and beverages as well as recommended amounts of daily physical activity. The discussion of physical activity includes exploring choices and ways to make those choices be a lifestyle habit. 2) "Strong Forever" is the programmatic theme for the priority of increasing awareness of the importance of calcium consumption in building bones and retaining bone integrity throughout the life cycle with a focus on 1% or lower milk-fat dairy choices. 3) "Making It More" is the programmatic theme for the priority of increasing the consumption of fruits and vegetables daily, utilizing the MyPlate message of making half your plate fruits and vegetables. The priority includes the awareness that the recommended amount of fruits and vegetables daily increases as we progress through childhood and remains close to the highest childhood recommended level throughout adulthood. 4) "Going For Grains" is the programmatic theme for the priority of increasing the awareness of the needs for whole grains in the daily food intake, the variety of sources of whole grains and easy ways to include whole grains in daily food choices.

CACFP eligible daycare settings, staff and families (clarify).

Community and School Gardens.

a. Delivery Method (formal classes, food demos, ...)

Nutrition education utilizing school gardens will be provided through formal classes that reinforces the beneficial nutrition aspects of gardening and food demonstrations and taste testings using ingredients from the gardens. Physical activity related to nutrition messages will be tied in to the gardening projects. Parents and families will be invited to participate in school gardening activities.

b. Delivery Settings (classrooms, senior center, health care facility, ...)

3 school container gardening projects and 2 in ground school gardening projects will be introduced at the 5 schools funded by TUSD Food Services. The gardens will be maintained through partnerships made between TUSD and the Southern Arizona Community Food Bank and the Arizona Farm Bureau that will provide gardening and composting resources. School gardening nutrition education activities will occur as part of the SNAP-Ed program in the classroom and as well as outside where gardens are located.

c. Frequency (i.e. how many times each participant will be seen, monthly, weekly, etc.)

School garden nutrition education activities will occur at least 2 times a month at all 5 schools. Food demonstrations and taste testings related to the gardening project will occur once a month at each school.

d. Duration of project (entire fiscal year, 6 months, 3 weeks, ...)

The school gardening projects and its related nutrition education will last the entire fiscal year. Volunteers from each school will tend to the gardens to continue them through the summer months while school is out.

e. Number of classes (single sessions, 3 part series, ...)

A minimum of 100 school gardening related nutrition education classes will occur (2 times a month x 5 schools x 10 school months). The school gardening nutrition education classes will be single sessions. A minimum of 50 food demonstrations and 50 school wide taste testings will occur (1 per month x 10 school months x 5 schools) which will be single sessions.

f. Key messages (Fruits & Vegetables, Whole Grain, ...)

The school gardening project incorporates teaching the nutrition and economic benefits of "from the farm to the table" to students and parents. Educating students and parents on nutrition full circle from how foods, specifically fruits and vegetables are grown, the nutrition benefits of fruits and vegetables and food demonstrations and cooking classes to increase fruit and vegetable consumption. The container gardening project is specifically used in addition to in ground gardens to teach students and parents that there are opportunities to garden and experience the nutrition benefits even if families do not have access to a yard or land. Many TUSD students live in apartments or housing units that do not have a yard or area to grow an in ground garden so container gardening teaches students that gardens can grow in containers on a balcony or porch. Whole Grains and fat free or low fat dairy products will also be used with the food demonstrations and cooking classes tied in to the gardening project. The physical activity opportunities gardening provides will also be demonstrated and tied in to nutrition education.

e. Summary of Research

The Centers for Disease Control and Prevention (CDC) Guidelines for School Health Programs to Promote Lifelong Healthy Eating is based on an extensive review of research and practice. Based on the CDC guidelines, school-based nutrition education can help students acquire skills, attitudes and knowledge supportive of healthy eating. Schools can reinforce positive eating habits and offer many opportunities for young people to practice healthy eating. Further research from the Academy of Nutrition & Dietetics (formerly the American Dietetic Association), Society for Nutrition Education and American School Food Service Association support that school based nutrition interventions play a key role in establishing healthy dietary and physical activity behaviors and developing effective decision-making skills. Behavioral change correlates positively with the amount of nutrition instruction received in schools. Integrating garden-enhanced nutrition education, using theory-based, skill-building, fun, sequential, experiential activities with community and parental involvement, is a strategy that can increase students' preferences for vegetables and increase their nutrition knowledge. This position statement references that research has shown students that plant and harvest their own fruits and vegetables are more likely to eat them.

Source for Summary of Research:

Guidelines for School Health Programs to Promote Lifelong Healthy Eating. Morbidity & Mortality Report. June 14, 1996; 45 (RR-9): 1-33. Position of the American Dietetic Association, Society for Nutrition Education, and American School Food Service Association—Nutrition services: An essential component of comprehensive school health programs. Journal of the American Dietetic Association. April 2003; Volume 103, Issue 4: 505-514.

f. Modification of Project Methods/Strategies

- No modifications of methods/strategies
- Improving cultural relevancy
- Enhancing/updating existing strategies
- Utilizing research/program evaluation results
- Changing target audience
- Adding new partners
- Not applicable - New Project
- Other (specify):

Modification summary

An online survey was conducted to principals of all qualifying schools to determine what areas of nutrition education were schools most interested in receiving in order to help enhance and expand our existing program. Cooking classes, parent and student nutrition education opportunities after school and school gardening were the top three areas of interest, therefore these have all been added to our program to increase our reach. All pre-k programs have been included in our program. The district coordinators of our various pre-k programs are in support of the program to incorporate nutrition lessons in to all pre-k classrooms and offer monthly parent nutrition workshops. This will further expand our student and parent reach. For modifications in adding new partners, TUSD has formed partnerships with the Southern Arizona Community Food Bank, Arizona Farm Bureau and Pima Community College Culinary Arts Program which will provide additional resources such as direct services, volunteers and community support. These resources include trainings on school gardens and container gardens, compost trainings, guest farmer and chef speakers, and culinary student involvement in cooking classes. These partnerships gain community support of our program and strengthen the resources available to expand our reach.

g. Key Performance Measures/Indicators:

- Pre/Post Tests (Knowledge)
- Pre/Post Survey (Behavior)
Will use the 2008-2009 Fruits and Veggies More Matters Consumption Survey (pre/post survey) to measure behavior changes related to increased consumption of fruits, vegetables, low fat and fat free milk, and whole grains. 2nd-5th grade participants will be given the survey prior to receiving lessons and other program activities. If 50% of participants demonstrate an increase at the end of the series of single lessons, we have met our goal.
- Number of Materials Distributed

Materials related to increasing fruit and vegetable consumption such as Fun Food News and Fruit & Vegetable Fact Sheets will be distributed to students and parents. Materials related to increasing physical activity will distributed to students and parents such as materials from Let's Move and Fuel up tp Play 60. If 10,000 materials for both topics are sent home with students we will have met our goal for each to expand the reach of materials provided to promote program goals.

Attendance Records/Sign-in Sheets

Will use attendance records to track if goals related to the amount of learning activities and number of students and parents reached are being met for each program goal. Attendance records will also be used to identify saturation of potential market situations so that learning activity planning for the following year can be expanded so it is not repeated, identify weak market penetration so that effort can be targeted for the following year and to identify success in reach for communications to our stakeholders. This data will be compared to the work plan objectives to determine if they were met.

Teacher Evaluations

Other

Other

Other

4. Evaluation Plans

Formative

Process

The number of learning activities provided, the number of materials distributed and the amount of participants reached will be tracked and counted. This information will be tracked in an Excel format. The review of this information will include age group, gender and topic and will be used to identify areas that require an increase in reach.

Outcome

The 2008-2009 Fruits and Veggies More Matters Consumption Survey will be used and adapted with 2nd-5th grade participants to evaluate behavior change in consumption of fruits, vegetables, low fat and fat free milk, and whole grains. The pre-survey will be done before lessons and learning activities are given and the post-survey at the end of the series of lessons.

5. Coordination Efforts

- Department of Economic Security - Adopt an Office Activities
- Food Bank
- Head Start
- WIC
- Commodity Supplemental Food Program (CSFP) - A.K.A. Food Plus
- Farmers' Markets
- Food Distribution Program on Indian Reservations (FDPIR)
- Expanded Food and Nutrition Education Program (EFNEP)
- Other
- Other
- Other
- Other

6. Materials

Setting
(check all that

a. Use of Existing Educational Materials

Adults	K-8	CACFP	Gardens	Title	Author	Description	Language other than English	Is there a cost?	Cost Justification
	X			Activity & Eating	Dairy Council CA	Lessons help students understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.		Yes	Cost to purchase (\$25)
	X		X	Arizona Nutrition Network	Arizona Nutrition Network	Fun Food News, recipes, posters, nutrition education incentive items, events-in-a-box, door hangers, Fruit/ Vegetable Fact Sheets, Whole Grain Fact Sheets, Inflatables, costumes, exhibits, games, Pre/Post Testing Materials etc.	Spanish	No	
				Bone Builders - Osteoporosis Prevention	Sharon Hoelscher Day of The University of Arizona Cooperative Extension	Nutrition and physical activity information for a healthy lifestyle	Spanish		
	X			Color Me Healthy	North Carolina Cooperative Extension	Grade Pre-K developed to improve diet and activity levels **Curriculum only - training fees not included**		Yes	Cost to purchase (\$88)
				Eat Right for Life	University of Florida, Main Writer: Cynthia Depew, MPH-c, Materials are Peer Reviewed	A series of 20 stand-alone, self-contained nutrition lessons. Target audience is limited-resource, adult audiences. It is based on the USDA's MyPyramid and 2005 Dietary Guidelines for Americans. For teaching adults, seniors, teachers and students.	Spanish		
				Eat Smart Live Strong	AZNN,USDA	Curriculum for older adults designed to improve fruit and vegetable consumption and physical activity amount 60-74 year olds.	Spanish		
	X			Eat Smart, Play Hard	USDA Food and Nutrition Service	Posters, incentive materials, etc. featuring Power Panther	Spanish	No	
	X			Exercise Your Options	Dairy Council of California	A comprehensive program designed specifically to help middle school students to become active, fit, healthy, and follow dietary guidelines; trainings include physical education, health, and label reading.		Yes	Cost to purchase (\$42)
				Family Bookbag	Michigan State University Extension **or similar	created for children and their families to have fun reading together at home while learning about healthy eating and being physically active			
	X		X	Farm to Fork Activity Book	Produce for Better Health	Features Fruit and Veggie Color Champions		Yes	Cost to purchase (\$1.25)
	X		X	Fruits and Veggies More Matters	AzNN, PBH, CDC, USDA	Promotes eating a variety of Fruits and Veggies Daily4 Lesson plans, posters, food models, pre & post surveys, incentives to teach 3rd graders the importance of fruits and vegetables.		Yes	Cost to reproduce
	X			Fuel Up to Play 60	National Fairy Council & Dairy Council of Arizona	Empowering students to make smart choices about their nutrition and physical activity.		Yes	
	X			Go with Whole Grain for kids	General Mills, Bell Institute	Students learn the importance of eating whole grains-lesson plans, slides, activities, handouts		Yes	Cost to reproduce
			X	Grow It, Try It, Like It!	USDA Food and Nutrition Services	Garden-themed nutrition education kit that introduces new fruits and vegetables to preschool age children.		Yes	Cost to reproduce
	X		X	Grow, Eat, Thrive - Growing Gardens for Health	USDA	Grow, Eat, Thrive - Growing Gardens for Health is an innovative, hands-on, and easy to implement curriculum unit that combines nutrition and gardening to teach children how to eat healthy and be active each day and why these behaviors are so important Grades K-5		Yes	Cost to purchase (\$24.99 plus shipping)
	X		X	Junior Master Gardener	Texas A & M University	This curriculum contains materials regarding growing healthy foods in the backyard and taking healthy food from seed to consumption.		Yes	Cost to purchase
	X			Let's Move	The White House USDA, Dept of Education	Healthy choices, Physical activity, healthy and affordable tools.		Yes	Cost to reproduce
				Loving Support Makes Breastfeeding Work	USDA's Food and Nutrition Services (FNS) and Best Start Social Marketing, Inc.	Pamphlets and posters to encourage breastfeeding.	Spanish		
	X		X	MyPyramid/MyPlate	USDA Food and Nutrition Service	lesson plans, reproducible handouts		Yes	Cost to reproduce

Adults	K-8	CACFP	Gardens	Title	Author	Description	Language other than English	Is there a cost?	Cost Justification
				Loving Your Family Feeding Their Future	USDA Food and Nutrition Service	Educators Handbook, lesson plans, reproducible handouts for women with children food stamp participants	Spanish		
	X			Nutrition Expedition	National Dairy Council	A National Dairy Council website that makes nutrition education fun and meaningful with hands-on activities. Offers teacher resources such as interactive handouts, posters and food models.		No	
	X			Professor Popcorn	Purdue University Extension Consumer and Family Sciences	Grade K-6 examines MyPyramid, Dietary Guidelines and Fight BAC! Concepts		Yes	Cost to purchase (\$50)
	X			Recharge	Action for Healthy Kids	Designed for after-school programs but used successfully also by classroom teachers for recess, PE and health ed. Classes. Provides an opportunity for students in grades 2-6 to learn about and practice good nutrition and physical activity through fun, team-based strategies.		Yes	Cost to purchase (\$40)
	X		X	Snap-Ed Connection	USDA Food and Nutrition Service	Click n' go nutrition education materials on the following topics: fruits/vegetables, whole grains, fat free or low fat milk, MyPyramid.		Yes	Cost to reproduce
				Stretch Your Food Dollars/Small Savings Add Up	USDA Food and Nutrition Service	Flyers, education materials	Spanish		
				Take 10	International Life Sciences Group	Grade K-10 integrates academic learning objectives with nutrition and movement			
	X			Team Nutrition	USDA Food and Nutrition Services	Newsletters, activity booklet, lesson plans, worksheets, informational handouts to help youth make good and physical activity choices supportive of healthy living; kit with how-to guide, support & presentation materials, video and brochure.		No	
	X			Team Up At Home: Team Nutrition Activity Booklet (2007)	USDA - http://teamnutrition.usda.gov/Resources/teamupbooklet.pdf	Team Nutrition Activity Booklet is a collection of hands-on nutrition education activities for parents to use with their school aged children. The booklet was developed to help parents and their children learn more about good nutrition and physical activity.		No	
	X			The Two -Bite Club	USDA/FNS/TN	Read aloud booklet for preschoolers		Yes	Cost to reproduce
				USDA'S Nutrition Assistance Programs: Eat Right When Money's Tight	USDA	Consumers can better understand how to budget food dollars and plan cost-effective meals. For teaching adults, seniors.	Spanish		
				We Can!	NHLBI	The We Can! national education program provides parents and caregivers with tools, fun activities, and more to help them encourage healthy eating, increased physical activity, and reduced time sitting in front of the screen (TV or computer) in their entire family.		Yes	Cost to reproduce

Assurances Statements

Organization Name: Tucson Unified School District

Respond to each of the following statements by checking either **Yes** or **No**. Yes No

1. The State SNAP agency is accountable for the content of the State nutrition education plan and provides oversight to any sub-grantees. The State SNAP agency is fiscally responsible for nutrition education activities funded with SNAP funds and is liable for repayment of unallowable costs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Efforts have been made to <u>target</u> SNAP-Ed to SNAP participants and eligibles.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. In cases where SNAP-Ed projects may inadvertently benefit persons that are not ineligible for the SNAP because it is not practical or possible to meet the exclusivity requirement, the State has submitted approved waivers for each project. To be approved, the waiver request(s) shall (7CFR 272.3) clearly demonstrates how the proposed project provides a good means of reaching SNAP eligibles and documents that at least 50 percent of those reached will have gross incomes at or below 185 percent of the poverty thresholds or guidelines.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4. Only expanded or additional coverage of those activities funded under the Expanded Food and Nutrition Education Program (EFNEP) are claimed under the SNAP-Ed grant. Approved activities are those designed to expand the State's current EFNEP coverage in order to serve additional SNAP eligibles or to provide additional education services to EFNEP clients who are eligible for the SNAP. Activities funded under the EFNEP grant are not included in the budget for SNAP-Ed.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Documentation of payments for approved SNAP-Ed activities are maintained by the State and will be available for USDA review and audit.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Contracts are procured through competitive bid procedures governed by State procurement regulations.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Program activities are conducted in compliance with all applicable Federal laws, rules, regulations including Civil Rights and OMB circulars governing cost issues.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Program activities do not supplant existing nutrition education programs, and where operating in conjunction with existing programs, enhance and supplement them.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
9. Program activities are reasonable and necessary to accomplish SNAP-Ed objectives and goals.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
10. All materials developed or printed with SNAP Education funds include the appropriate USDA non-discrimination statement, credit to the SNAP as a funding source, and a brief message about how the SNAP can help provide a healthy diet and how to apply for benefits.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11. Messages of nutrition education are consistent with the Dietary Guidelines for Americans and stress the importance of variety, balance, and moderation, and do not disparage any specific food, beverage or commodity.	<input checked="" type="checkbox"/>	<input type="checkbox"/>

I have reviewed the Assurances listed above and verify that my organization will adhere to these Assurances when providing Supplemental Nutrition Assistance Program Nutrition Education services in FY13.

Signature of Authorized Organization Representative

Date

Signature of Program Representative

Date

FY13 Work Plan

Behavior Outcome 1: Half your plate is fruits and veggies, make half your grains whole grains, switch to fat free or low fat dairy.		
State Goal 1: By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who meet dietary recommendations for fruit and vegetable consumption.		
Objectives	Action Steps	Evaluation Measures
1.1 By September 30, 2013 we will conduct learning activities with at least 10,000 students and parents on the roles fruits and vegetables have in contributing to good health	1. Learning activities providing information about the nutrient contributions of fruits and vegetables and how that contribution relates to good nutritional status.	Recording the number of participants in the learning activities through attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
1.2 By September 30, 2013 at least 10,000 students and parents will sample a variety of fruits and vegetables and learn ways to include them in their daily food intake.	1. Learning activities that include sampling fruits and vegetables and information/demostration of how to include them in their daily food intake.	The number of participants in taste testings, food demonstrations and cooking classes will be recorded.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
1.3 By September 30, 2013 at least 50% of 2nd-5th grade students participating in Fruits & Veggies More Matters and other related materials will report an increase in fruit and vegetable consumption.	1. Will teach Fruits & Veggies More Matters and other related materials to 2nd-5th grade participants.	Pre/post surveys showing an increase in reported behavior changes related to fruit and vegetable consumption.
	2. Will conduct pre/post surveys using 2008-2009 Fruits & Veggies More Matters Consumption Survey.	
	3.	
	4.	
	5.	
	6.	
	7.	
1.4 By September 30, 2013 at least 50% of 2nd-5th grade students participating in school gardening activities will report and increase in fruit and vegetable consumption.	1. Will teach the nutritional benefits of gardening utilizing Fruits & Veggies More Matters and other related materials to 2nd-5th grade participants.	Pre/post surveys showing an increase in reported behavior changes related to fruit and vegetable consumption.

2. Will conduct pre/post surveys using 2008-2009 Fruits & Veggies More Matters Consumption Survey.
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1.5 By September 30, 2013 at least 10,000 Fun Food News, Fruit & Vegetable Fact Sheets or other network provided materials will be distributed from schools to parents and families.	1. Will send home Fun Food News, Fruit & Vegetable Fact Sheets and other network provided materials with students.	Recording the number of materials distributed on attendance records.
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	4.	
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	6.	
	7.	
1.6	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
1.7	1.	
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	4.	
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	6.	
	7.	

FY13 Work Plan

Behavior Outcome 1: Half your plate is fruits and veggies, make half your grains whole grains, switch to fat free or low fat dairy.		
State Goal 2: By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who meet dietary recommendations for calcium by consuming low fat and fat free dairy.		
Objectives	Action Steps	Evaluation Measures
2.1 By September 30, 2013 we will conduct learning activities with at least 10,000 students and parents on identifying the fat content of milk and other milk products.	1. Learning activities providing information about how to identify the fat content of milk and milk products.	Recording the number of participants in the learning activities through attendance records.
	2. Learning activities providing information about the benefits of choices of low fat and fat free milk and milk products.	
	3.	
	4.	
	5.	
	6.	
	7.	
2.2 By September 30, 2013 we will conduct learning activities with at least 10,000 students and adults on the significance of calcium to good bone development.	1. Learning activities that explain the recommended intake of calcium and its importance in bone development and maintenance	Recording the number of participants in the learning activities.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
2.3 By September 30, 2013 at least 10,000 students and parents will sample low fat and fat free milk products and learn ways to include them in their daily food intake.	1. Learning activities that include sampling low fat and fat free milk products and information/demonstration of how to include them in their daily food intake.	The number of participants in taste testings, food demonstrations and cooking classes will be recorded.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
2.4 By September 30, 2013 at least 50% of 2nd-5th grade students participating in lessons and activities related to low fat and fat free milk products will report and increase in low fat and fat free milk consumption.	1. Lessons and activities focusing on identifying low fat and fat free milk products and the benefits of consuming low fat and fat free milk products.	Pre/post surveys showing an increase in reported behavior changes related to low fat and fat free milk consumption .

2. Will conduct pre/post surveys using 2008-2009 Fruits & Veggies More Matters Consumption Survey (which has questions specific to low fat and fat free milk).
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2.5	1. 2. 3. 4. 5. 6. 7.	
2.6	1. 2. 3. 4. 5. 6. 7.	
2.7	1. 2. 3. 4. 5. 6. 7.	

FY13 Work Plan

Behavior Outcome 1: Half your plate is fruits and veggies, make half your grains whole grains, switch to fat free or low fat dairy.		
State Goal 3: By September 30, 2013, increase the proportion of SNAP recipients and eligibles aged two years and older who consume half of their grains as whole grains.		
Objectives	Action Steps	Evaluation Measures
3.1 By September 30, 2013 we will conduct learning activities with at least 10,000 students and parents on how to identify whole grains and whole grain products.	1. Learning activities providing information about how to identify whole grains and whole grain products.	Recording the number of participants in the learning activities through attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
3.2 By September 30, 2013 we will conduct learning activities with at least 10,000 students and parents on why it is important to good health practices to eat whole grain products.	1. Learning activities providing information about why consuming whole grain products is part of healthy eating choices.	Recording the number of participants in the learning activities through attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
3.3 By September 30, 2013 at least 10,000 students and parents will sample whole grains and learn ways to include them in their daily food intake.	1. Learning activities that include sampling whole grains and information/demonstration of how to include them in their daily food intake.	The number of participants in taste testings, food demonstrations and cooking classes will be recorded.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
3.4 By September 30, 2013 at least 50% of 2nd-5th grade students participating in lessons and activities related to whole grains will report and increase in whole grain consumption.	1. Lessons and activities focusing on identifying whole grains and the benefits of whole grains.	Pre/post surveys showing an increase in reported behavior changes related to whole grain consumption .
	2. Will conduct pre/post surveys using 2008-2009 Fruits & Veggies More Matters Consumption Survey (which has questions specific to whole grains).	
	3.	

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3.5	1. 2. 3. 4. 5. 6. 7.	
3.6	1. 2. 3. 4. 5. 6. 7.	
3.7	1. 2. 3. 4. 5. 6. 7.	

FY13 Work Plan

Behavior Outcome 2: Increase physical activity and reduce time spent in sedentary behaviors.		
State Goal 4: By September 30, 2013, increase the proportion of SNAP recipient and eligible children who participate in cumulative intermittent physical activity for 60 minutes a day.		
Objectives	Action Steps	Evaluation Measures
4.1 By September 30, 2013 we will conduct learning activities with 10,000 students on categories of physical activity and how they relate to overall physical fitness.	1. Conduct learning activities that teach, demonstrate and engage students in learning the categories of physical activity (i.e. flexibility, strength, agility, etc.).	Recording the number of participants in the learning activities through attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
4.2	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
4.3	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
4.4	1.	
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	3.	
	4.	
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	6.	
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4.5	1.	
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	6.	
	7.	
4.6	1.	
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	6.	
	7.	
4.7	1.	
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	5.	
	6.	
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FY13 Work Plan

Behavior Outcome 2: Increase physical activity and reduce time spent in sedentary behaviors.		
State Goal 5: By September 30, 2013, increase the proportion of SNAP recipient and eligible adults who engage regularly, preferably daily, in moderate or vigorous physical activity.		
Objectives	Action Steps	Evaluation Measures
5.1 By September 30, 2013 we will conduct learning activities with 1,000 adults on categories of physical activity and how they relate to overall physical fitness.	1. Conduct learning activities that teach, demonstrate and engage adults in learning the categories of physical activity (i.e. flexibility, strength, agility, etc.).	Recording the number of participants in the learning activities through attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
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5.2 By September 30, 2013 at least 10,000 educational materials regarding increasing physical activity will be distributed from schools to parents and families.	1. Will send home materials from Let's Move, Fuel up to Play 60 other physical activity materials with students.	Recording the number of materials distributed on attendance records.
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
5.3	1.	
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	6.	
	7.	
5.4	1.	
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5.5	1.	
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5.6	1.	
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	3.	
	4.	
	5.	
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5.7	1.	
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	4.	
	5.	
	6.	
	7.	

FY13 Work Plan

Behavior Outcome 3: Maintain appropriate calorie balance during each stage of life-childhood, adolescence, adulthood, pregnancy and breastfeeding and older age.

State Goal 6: By September 30, 2013, increase the number of learning opportunities following the MyPlate guidelines for SNAP recipients and eligibles that would promote a healthy lifestyle.

Objectives	Action Steps	Evaluation Measures
6.1 By September 30, 2013 we will conduct learning activities with 10,000 students and parents on the relationship of calories consumed, general energy levels and physical activity.	1. Conduct learning activities teaching and demonstrating the energy value of food.	Recording the number of participants in the learning activities through attendance records.
	2. Conduct learning activities teaching and demonstrating the energy value of activity.	
	3. Conduct learning activities that integrate the knowledge of the energy value of consumed foods and beverages and the energy value of physical activity.	
	4.	
	5.	
	6.	
	7.	
6.2	1.	
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	4.	
	5.	
	6.	
	7.	
6.3	1.	
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6.4	1.	
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	7.	

6.5	1. 2. 3. 4. 5. 6. 7.	
6.6	1. 2. 3. 4. 5. 6. 7.	
6.7	1. 2. 3. 4. 5. 6. 7.	

Target Audience Eligibility and Reach by Category

Number of SNAP-Ed Delivery Sites by Type of Setting:

Type of Setting	Number of Different Sites/Locations	Type of Setting	Number of Different Sites/Locations
Adult Education and Job Training Sites	0	Libraries	0
Adult Rehabilitation Centers	0	Churches	0
Worksites	0	Public/Community Health Centers	0
Community Centers	0	Public Schools	97
Elderly Service Centers	0	Head Start Programs	0
Emergency Food Assistance Sites	0	Other Youth Education Sites (includes Parks and Recreation)	0
Extension offices	0	Shelters	0
Farmers Markets	0	WIC Programs	0
SNAP Offices	0	Other (Specify)	0
Food Stores	0		
Public Housing	0		
Individual Homes	0		

Target Audience Eligibility and Reach by Category

Category: Certified Eligible

Total Number of Certified Eligible Participants: 0

Site Type	Site Name	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Reach - Adults		Reach - K-8		Reach - CACFP		Reach - Gardens	
							Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts

Target Audience Eligibility and Reach by Category

Category: Likely Eligible

Total Number of Likely Eligible Participants: 1,630

Site Type	Site Name	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Reach - Adults		Reach - K-8		Reach - CACFP		Reach - Gardens	
							Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts
Q-Public School	McCorkle Pk-8	4455 S. Mission Rd.	Tucson, AZ 85746	Pima	Free & Reduced	85.00%			280	840				
Q-Public School	Cholla High Magnet School	2001 W. Starr Pass Blvd.	Tucson, AZ 85713	Pima	2005-2009 ACS	53.79%			50	100				
Q-Public School	Mansfield Middle School	1300 E. 6th St.	Tucson, AZ 85719	Pima	2005-2009 ACS	66.02%			50	100				
Q-Public School	Pueblo Gardens K-8	2210 E. 33rd St.	Tucson, AZ 85713	Pima	2005-2009 ACS	51.70%			75	150				
Q-Public School	Safford K-8	200 E. 13th St.	Tucson, AZ 85701	Pima	2005-2009 ACS	61.20%			100	200			100	300
Q-Public School	Utterback Middle School	3233 S. Pinal Vista	Tucson, AZ 85713	Pima	2005-2009 ACS	51.70%			50	100				
Q-Public School	Wakefield Middle School	101 W. 44th St.	Tucson, AZ 85713	Pima	2005-2009 ACS	63.50%			50	100				
Q-Public School	Carrillo Intermediate Magnet School	440 S. Main Ave.	Tucson, AZ 85701	Pima	2005-2009 ACS	50.08%			75	150				
Q-Public School	Cavett Elementary School	2120 E. Naco Vista Dr.	Tucson, AZ 85713	Pima	2005-2009 ACS	51.70%			75	150				
Q-Public School	Drachman Primary Magnet School	1085 S. 10th Ave.	Tucson, AZ 85701	Pima	2005-2009 ACS	61.20%			75	150				
Q-Public School	Hollinger Elementary School	150 W. Ajo Way	Tucson, AZ 85713	Pima	2005-2009 ACS	63.50%			100	200				
Q-Public School	Lynn Urquides Elementary School	1573 W. Ajo Way	Tucson, AZ 85713	Pima	2005-2009 ACS	55.96%			100	200				
Q-Public School	Manzo Elementary School	855 N. Melrose	Tucson, AZ 85745	Pima	2005-2009 ACS	58.30%			75	150				
Q-Public School	Mission View Elementary School	2600 S. 8th Ave.	Tucson, AZ 85713	Pima	2005-2009 ACS	75.38%			50	100			50	150
Q-Public School	Ochoa Elementary School	101 W. 25th St.	Tucson, AZ 85713	Pima	2005-2009 ACS	61.20%			50	100				
Q-Public School	Rose Elementary School	710 W. Michigan Dr.	Tucson, AZ 85714	Pima	2005-2009 ACS	55.96%			75	150			75	225
Q-Public School	McCorkle Pk-8	4455 S. Mission Rd.	Tucson, AZ 85746	Pima	2005-2009 ACS	55.96%			75	150				

Site Type	Site Name	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Reach - Adults		Reach - K-8		Reach - CACFP		Reach - Gardens		
							Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts	

Target Audience Eligibility and Reach by Category

Category: Potentially Eligible Schools Only

Total Number of Potentially Eligible Participants: 20,745

Site Type	Site Name	Street	City, State, Zip	County	SCHOOLS ONLY		OTHER QUALIFYING DATA		Reach - K-8		Reach - Gardens	
					Low Income Documentation	Participant Data (%)	Low Income Documentation	Participant Data (%)	Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts
Q-Public School	100201120 - Laura N. Banks Elementary	3200 S.LEAD FLOWER	TUCSON AZ 85735	Pima	Free & Reduced Lunch Data (NSLP) March 2011	74.41%			185	555		
Q-Public School	100201125 - Bienman Elementary School	1695 N.COUNTRY CLUB	TUCSON AZ 85716	Pima	Free & Reduced Lunch Data (NSLP) March 2011	80.77%			250	750		
Q-Public School	100201131 - Bonillas Elementary Basic Curriculum Magnet Sc	4757 E. WINSETT STREET	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	83.11%			220	660		
Q-Public School	100201143 - Borton Primary Magnet School	700 E. 22ND ST.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	60.29%			175	525		
Q-Public School	100201149 - Brichta Elementary School	2110 W. BRICHTA DR.	TUCSON AZ 85745	Pima	Free & Reduced Lunch Data (NSLP) March 2011	70.90%			200	600		
Q-Public School	100201161 - Carrillo Intermediate Magnet School	440 S. MAIN AVE.	TUCSON AZ 85701	Pima	Free & Reduced Lunch Data (NSLP) March 2011	74.71%			160	480		
Q-Public School	100201167 - Cavett Elementary School	2120 E. NACO VISTA	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	97.60%			150	450		
Q-Public School	100201173 - Corbett Elementary School	5949 EAST 29TH ST.	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	77.01%			250	750		
Q-Public School	100201179 - Cragin Elementary School	2945 N. TUCSON BLVD.	TUCSON AZ 85716 1898	Pima	Free & Reduced Lunch Data (NSLP) March 2011	87.16%			190	570		
Q-Public School	100201185 - Davidson Elementary School	3950 PARADISE FALLS DR.	TUCSON AZ 85712	Pima	Free & Reduced Lunch Data (NSLP) March 2011	86.70%			185	555		
Q-Public School	100201191 - Davis Bilingual Magnet School	500 W. ST. MARY'S RD.	TUCSON AZ 85701	Pima	Free & Reduced Lunch Data (NSLP) March 2011	57.10%			150	450		
Q-Public School	100201195 - Mary Meredith K-12 School	755 N MAGNOLIA AVE	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	90.63%			25	75		
Q-Public School	100201197 - Dietz Elementary School	7575 E. PALMA STREET	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	85.90%			175	525		
Q-Public School	100201203 - Drachman Primary Magnet School	1085 S. TENTH AVE.	TUCSON AZ 85701	Pima	Free & Reduced Lunch Data (NSLP) March 2011	82.39%			170	510		
Q-Public School	100201211 - Dunham Elementary School	9850 E. 29TH STREET	TUCSON AZ 85748	Pima	Free & Reduced Lunch Data (NSLP) March 2011	52.38%			110	330		
Q-Public School	100201215 - Irene Erickson Elementary School	6750 E. STELLA ROAD	TUCSON AZ 85730	Pima	Free & Reduced Lunch Data (NSLP) March 2011	81.21%			225	675		
Q-Public School	100201218 - Ford Elementary	8001 EAST STELLA ROAD	TUCSON AZ 85730	Pima	Free & Reduced Lunch Data (NSLP) March 2011	70.21%			185	555		
Q-Public School	100201231 - Raul Grijalva Elementary School	1795 WEST DREXEL RD.	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	89.09%			370	1,110		
Q-Public School	100201233 - Hollinger Elementary School	150 W. AJO WAY	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	95.61%			235	705		
Q-Public School	100201238 - Anna Henry Elementary School	650 NORTH IGO WAY	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	56.89%			150	450		
Q-Public School	100201239 - Holladay Intermediate Magnet School	1110 E. 33RD ST.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	62.23%			130	390		

Site Type	Site Name	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Low Income Documentation	Participant Data (%)	Reach - K-8		Reach - Gardens	
ONLY - Q-Public School	http://ade.az.gov/edd/								Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts
Q-Public School	100201245 - Howell Peter Elementary	401 N. IRVING	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	84.58%			175	525		
Q-Public School	100201251 - Hudlow Elementary School	502 N. CARIBE	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	74.52%			160	480		
Q-Public School	100201266 - Harriet Johnson Primary School	6060 SOUTH JOSEPH AVENUE	TUCSON AZ 85757	Pima	Free & Reduced Lunch Data (NSLP) March 2011	89.26%			175	525		
Q-Public School	100201275 - Annie Kellond Elementary School	6606 E. LEHIGH DRIVE	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	65.84%			235	705		
Q-Public School	100201277 - Anna Lawrence Intermediate School	4850 W. JEFFREY RD	TUCSON AZ 85757	Pima	Free & Reduced Lunch Data (NSLP) March 2011	94.38%			150	450		
Q-Public School	100201281 - Lineweaver Elementary School	461 SOUTH BRYANT	TUCSON AZ 85711 4775	Pima	Free & Reduced Lunch Data (NSLP) March 2011	56.75%			235	705		
Q-Public School	100201287 - Lynn Urquides	1573 W. AJO WAY	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	95.94%			320	960		
Q-Public School	100201288 - Nan Lyons Elementary School	7555 E. DOGWOOD	TUCSON AZ 85730 4299	Pima	Free & Reduced Lunch Data (NSLP) March 2011	72.26%			150	450	300	1,200
Q-Public School	100201290 - Maldonado Amelia Elementary School	3535 W. MESSALA WAY	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	89.33%			250	750		
Q-Public School	100201293 - Manzo Elementary School	855 N.MELROSE	TUCSON AZ 85745	Pima	Free & Reduced Lunch Data (NSLP) March 2011	91.83%			115	345		
Q-Public School	100201295 - Marshall Elementary School	9066 E. 29TH ST.	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	51.70%			160	480		
Q-Public School	100201299 - Menlo Park Elementary School	1100 W. FRESNO STREET	TUCSON AZ 85745	Pima	Free & Reduced Lunch Data (NSLP) March 2011	95.78%			120	360		
Q-Public School	100201308 - Miller Elementary School	6951 S. CAMINO DE LA TIERRA	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	89.11%			300	900		
Q-Public School	100201311 - Mission View Elementary School	2600 S. 8TH AVE.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	98.31%			150	450	300	1,200
Q-Public School	100201317 - Myers-Ganoung Elementary School	5000 E. ANDREW ST.	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	93.61%			220	660		
Q-Public School	100201323 - Ochoa Elementary School	101 W. 25TH STREET	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	96.75%			100	300		
Q-Public School	100201327 - Henry Hank Oyama	2700 S. LA CHOLLA BLVD.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	91.09%			230	690		
Q-Public School	100201329 - Pueblo Gardens Elementary	2210 E. 33RD STREET	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	96.87%			210	630		
Q-Public School	100201353 - Robison Elementary School	2745 E. 18TH ST.	TUCSON AZ 85716	Pima	Free & Reduced Lunch Data (NSLP) March 2011	90.14%			165	495		
Q-Public School	100201371 - C E Rose Elementary School	710 W. MICHIGAN DRIVE	TUCSON AZ 85714	Pima	Free & Reduced Lunch Data (NSLP) March 2011	91.41%			290	870	550	2,200
Q-Public School	100201389 - Schumaker Elementary School	501 N. MAGUIRE AVENUE	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	76.54%			170	510		
Q-Public School	100201395 - W Arthur Sewel Elementary School	425 N. SAHUARA	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	61.74%			160	480		
Q-Public School	100201413 - Harold Steele Elementary School	700 S. SARNOFF DRIVE	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	72.60%			175	525		

Site Type	Site Name	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Low Income Documentation	Participant Data (%)	Reach - K-8		Reach - Gardens	
ONLY - Q-Public School	http://ade.az.gov/edd/								Participants (Unduplicated)	Contacts	Participants (Unduplicated)	Contacts
Q-Public School	100201417 - Tolson Elementary School	1000 S. GREASEWOOD	TUCSON AZ 85745	Pima	Free & Reduced Lunch Data (NSLP) March 2011	84.18%			195	585		
Q-Public School	100201419 - Tully Elementary Accelerated Magnet School	1701 W. EL RIO DRIVE	TUCSON AZ 85745	Pima	Free & Reduced Lunch Data (NSLP) March 2011	80.92%			240	720	450	1,800
Q-Public School	100201431 - Van Buskirk Elementary School	725 E. FAIR	TUCSON AZ 85714	Pima	Free & Reduced Lunch Data (NSLP) March 2011	97.14%			200	600		
Q-Public School	100201435 - Vesey Elementary School	5005 S. BUTTS ROAD	TUCSON AZ 85757 9331	Pima	Free & Reduced Lunch Data (NSLP) March 2011	77.50%			340	1,020		
Q-Public School	100201440 - Frances J Warren Elementary School	3505 W. MILTON RD	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	87.41%			135	405		
Q-Public School	100201443 - Wheeler Elementary School	1818 AVENIDA DEL SOL	TUCSON AZ 85710 5319	Pima	Free & Reduced Lunch Data (NSLP) March 2011	56.66%			160	480		
Q-Public School	100201449 - John E White Elementary School	2315 W. CANADA ST.	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	75.10%			345	1,035		
Q-Public School	100201455 - W V Whitmore Elementary School	5330 E. GLENN STREET	TUCSON AZ 85712 1319	Pima	Free & Reduced Lunch Data (NSLP) March 2011	61.03%			165	495		
Q-Public School	100201461 - John E Wright Elementary School	4311 E. LINDEN	TUCSON AZ 85712	Pima	Free & Reduced Lunch Data (NSLP) March 2011	97.97%			220	660		
Q-Public School	100201503 - Carson Middle School	7777 E. STELLA RD.	TUCSON AZ 85730	Pima	Free & Reduced Lunch Data (NSLP) March 2011	75.88%			250	750		
Q-Public School	100201505 - Doolen Middle School	2400 NORTH COUNTRY CLUB ROAD	TUCSON AZ 85716	Pima	Free & Reduced Lunch Data (NSLP) March 2011	72.20%			325	975		
Q-Public School	100201510 - Booth-Fickett Math/Science Magnet School	450 S. MONTEGO DRIVE	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	67.57%			570	1,710		
Q-Public School	100201513 - Hohokam Middle School	7400 S. SETTLER RD.	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	89.69%			195	585		
Q-Public School	100201520 - Mansfield Middle School	1300 E. 6TH STREET	TUCSON AZ 85719	Pima	Free & Reduced Lunch Data (NSLP) March 2011	71.39%			335	1,005		
Q-Public School	100201522 - Maxwell Middle School	2802 W. ANKLAM RD.	TUCSON AZ 85745 2534	Pima	Free & Reduced Lunch Data (NSLP) March 2011	88.27%			175	525		
Q-Public School	100201525 - Naylor Middle School	1701 S. COLUMBUS BLVD	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	94.61%			325	975		
Q-Public School	100201527 - Pistor Middle School	5455 S. CARDINAL	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	77.51%			500	1,500		
Q-Public School	100201535 - Safford Engineering/Technology Magnet Middle School	200 E. 13TH STREET	TUCSON AZ 85701	Pima	Free & Reduced Lunch Data (NSLP) March 2011	85.49%			385	1,155	750	3,000
Q-Public School	100201545 - Townsend Middle School	2120 N. BEVERLY	TUCSON AZ 85712	Pima	Free & Reduced Lunch Data (NSLP) March 2011	78.25%			225	675		
Q-Public School	100201550 - Uterback Middle School	3233 S. PINAL VISTA	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	84.29%			375	1,125		
Q-Public School	100201555 - Alice Vail Middle School	5350 E. 16TH STREET	TUCSON AZ 85711	Pima	Free & Reduced Lunch Data (NSLP) March 2011	61.97%			350	1,050		
Q-Public School	100201557 - Valencia Middle School	4400 W. IRVINGTON RD.	TUCSON AZ 85746	Pima	Free & Reduced Lunch Data (NSLP) March 2011	83.96%			340	1,020		
Q-Public School	100201560 - Wakefield Middle School	101 W. 44TH ST	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	96.79%			225	675		

Site Type	Site Name http://ade.az.gov/edd/	Street	City, State, Zip	County	Low Income Documentation	Participant Data (%)	Low Income Documentation	Participant Data (%)	Reach - K-8 (Unduplicated)		Reach - Gardens (Unduplicated)	
									Participants	Contacts	Participants	Contacts
Q-Public School	100201595 - Roskrige Bilingual Magnet Middle School	501 E 6TH ST	TUCSON AZ 85705	Pima	Free & Reduced Lunch Data (NSLP) March 2011	80.90%			350	1,050		
Q-Public School	100201610 - Catalina High Magnet School	3645 E. PIMA	TUCSON AZ 85716	Pima	Free & Reduced Lunch Data (NSLP) March 2011	75.91%			300	900		
Q-Public School	100201615 - Cholla High Magnet School	2001 W. STARR PASS BLVD.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	72.20%			400	1,200		
Q-Public School	100201620 - Palo Verde High Magnet School	1302 S. AVENIDA VEGA	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	62.66%			245	735		
Q-Public School	100201630 - Pueblo High Magnet School	3500 S. 12TH AVE.	TUCSON AZ 85713	Pima	Free & Reduced Lunch Data (NSLP) March 2011	79.06%			400	1,200		
Q-Public School	100201660 - Tucson Magnet High School	400 N. SECOND AVENUE	TUCSON AZ 85705	Pima	Free & Reduced Lunch Data (NSLP) March 2011	55.10%			750	2,250		
Q-Public School	100201674 - Project More High School	440 S. PARK	TUCSON AZ 85719	Pima	Free & Reduced Lunch Data (NSLP) March 2011	78.00%			25	75		
Q-Public School	100201676 - Teenage Parent Program - TAPP	102 N. PLUMER	TUCSON AZ 85719	Pima	Free & Reduced Lunch Data (NSLP) March 2011	80.09%			25	75		
Q-Public School	100201680 - Howenstine High School	555 SOUTH TUCSON BLVD.	TUCSON AZ 85716	Pima	Free & Reduced Lunch Data (NSLP) March 2011	68.07%			35	105		
Q-Public School	100201128 - Bloom Elementary	8310 E. PIMA	TUCSON AZ 85715	Pima	Free & Reduced Lunch Data (NSLP) March 2011	47.35%	Free & Reduced Lunch Data (NSLP) Oct. 2011	50.57%	170	510		
Q-Public School	100201515 - Magee Middle School	8300 E. SPEEDWAY BLVD.	TUCSON AZ 85710	Pima	Free & Reduced Lunch Data (NSLP) March 2011	42.21%	Free & Reduced Lunch Data (NSLP) Oct. 2011	53.69%	350	1,050		
Q-Public School	100201655 - Santa Rita High School	3951 S. PANTANO RD	TUCSON AZ 85730 4099	Pima	Free & Reduced Lunch Data (NSLP) March 2011	48.27%	Free & Reduced Lunch Data (NSLP) Oct. 2011	50.97%	250	750		
Q-Public School	100201537 - Secrist Middle School	3400 SOUTH HOUGHTON ROAD	TUCSON AZ 85730	Pima	Free & Reduced Lunch Data (NSLP) March 2011	48.47%	Free & Reduced Lunch Data (NSLP) Oct. 2011	54.84%	215	645		

Target Audience Eligibility and Reach by Category

Category: All Other Potentially Eligible Sites

Total Number of Potentially Eligible Participants: 0

Site Type	Site Name	Street	City, State, Zip	County	NON-SCHOOLS									
					Low Income Documentation	Participant Data (%)	Reach - Adults Participants (Unduplicated)	Adults Contacts	Reach - K-8 Participants (Unduplicated)	K-8 Contacts	Reach - CACFP Participants (Unduplicated)	CACFP Contacts	Reach - Gardens Participants (Unduplicated)	Gardens Contacts
NO - Q-Public School														

Organization Name: Tucson Unified School D

Position Title	No. Staff
TOTALS	4
Physical Education Resource Teacher/Physcial Activity Mentor-Coach	1
Nutrition Educator	2
Program Coordinator	1

Organization Name: Tucson Unified School D

Position Title	No. Staff
TOTALS	4

Organization Name: Tucson Unified School D	
Position Title	No. Staff
TOTALS	4
TOTALS	4

**Arizona Nutrition Network
Agency Information**

District
Summary of SNAP-Ed Duties
Certified physical education teacher provides technical assistance to classroom teachers in the integration of physical activity into nutrition education curriculum for TUSD's SNAP-Ed program. Conducts physical activity demonstrations and provides mentoring and coaching for the SNAP-Ed program related to calorie intake and physical activity (maintaining calorie balance).
Provides technical assistance to classroom teachers in integration of SNAP-Ed nutrition education into curriculum. Conducts SNAP-Ed program nutrition education lessons, food demonstrations, cooking classes, taste testing and school garden activities. Provides professional development opportunities for implementing the SNAP-Ed program.
Coordinates documentation records and prepares information for SNAP-Ed reporting, ordering and invoicing. Also provides oversight and program development.

**Arizona Nutrition Network
Agency Information**

District
Summary of SNAP-Ed Duties

**Arizona Nutrition Network
Personnel Budget Justification**

Organization Name: Tucson Unified School District											
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours			Annual Salary	Hourly Wage	Personnel Costs/ Salary	% Fringe Benefits	Annual Fixed Cost FB	Total FB Annual Costs
			Mgt/Adm	Direct	Total						
TOTALS	4	1.57	240	3,020	3,260			\$65,900		\$0.00	\$5,867
Physical Education Resource	1	0.50	40	1,000	1,040	41,600	\$20.00	\$20,800	8%		\$1,664
Nutrition Educator	2	1.00	80	2,000	2,080	41,600	\$20.00	\$41,600	8%		\$3,328
Program Coordinator	1	0.07	120	20	140	52,000	\$25.00	\$3,500	25%		\$875

**Arizona Nutrition Network
Personnel Budget Justification**

Organization Name: Tucson Unified School District

Position Title	No. Staff	FTE	Annual SNAP-Ed Hours			Annual Salary	Hourly Wage	Personnel Costs/ Salary	% Fringe Benefits	Annual Fixed Cost FB	Total FB Annual Costs
			Mgt/Adm	Direct	Total						
TOTALS	4	1.57	240	3,020	3,260			\$65,900		\$0.00	\$5,867

**Arizona Nutrition Network
Personnel Budget Justification**

Organization Name: Tucson Unified School District											
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours			Annual Salary	Hourly Wage	Personnel Costs/ Salary	% Fringe Benefits	Annual Fixed Cost FB	Total FB Annual Costs
			Mgt/Adm	Direct	Total						
TOTALS	4	1.57	240	3,020	3,260			\$65,900		\$0.00	\$5,867
TOTALS	4	1.57	240	3,020	3,260			\$65,900		\$0.00	\$5,867

Total Annual Personnel Expenditures
\$71,767
\$71,767

Arizona Nutrition Network
SNAP-Ed Personnel – Not SNAP-Ed Funds

Organization Name: Tucson Unified School District					
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours		
			Mgt/Adm	Direct	Total
TOTALS	94	0.34	0	700	700
Food Service Manager	60	0.24	0	500	500
Food Service Assistant Managers	14	0.05		100	100
Food Service Leads	20	0.05		100	100

**Arizona Nutrition Network
SNAP-Ed Personnel – Not SNAP-Ed Funds**

Organization Name: Tucson Unified School District					
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours		
			Mgt/Adm	Direct	Total
TOTALS	94	0.34	0	700	700

Arizona Nutrition Network
SNAP-Ed Personnel – Not SNAP-Ed Funds

Organization Name: Tucson Unified School District					
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours		
			Mgt/Adm	Direct	Total
TOTALS	94	0.34	0	700	700

**Arizona Nutrition Network
SNAP-Ed Personnel – Not SNAP-Ed Funds**

Organization Name: Tucson Unified School District					
Position Title	No. Staff	FTE	Annual SNAP-Ed Hours		
			Mgt/Adm	Direct	Total
TOTALS	94	0.34	0	700	700
TOTALS	94	0.34	0	700	700

**Arizona Nutrition Network
Budget Justification**

Organization Name: Tucson Unified School District								
Budget Category	Adults	K-8	CACFP	Gardens	Annual Expenses	Budget Description	Budget Calculation Details	Annual Expenses
A. Personnel Costs/Salary		\$59,310		\$6,590	\$65,900			\$65,900
B. Fringe Benefits		\$5,280		\$587	\$5,867			\$5,867
C. Contracts, Grants, & Agreements					\$0			\$0
D. Non-capital Equipment/Supplies		\$15,925		\$2,081	\$18,005	Food, equipment and supplies for cooking classes, food demonstrations and taste testings. Printing costs for reproducing materials to support the program learning activities.	Food for cooking classes 30 weeks x 12 students per class x \$1 food cost per student x 2 schools = \$720 plus \$80 small equipment = \$800. 162 food demonstrations (81 schools each with 2 student food demonstrations) x \$15 food costs = \$2,430. 32 parent food demonstrations (16 schools each with 2 parent food demonstrations) x \$15 food costs = \$480. 16 pre-k parent food demonstrations (8 pre-k schools each with 2 parent food demonstrations) x \$15 food costs = \$240. 50 food demonstrations for gardening projects (1 each month x 10 school months x 5 schools) x \$15 food costs = \$750. 2 taste testings x 21,025 participants x \$0.10 food cost = \$4,205 (\$420.50 towards gardening). Small equipment for food demonstrations \$500 (\$50 gardening, \$450 schools). Disposable & supplies for food demonstrations and taste testings \$500 (\$50 gardening, \$450 schools). Printed materials (reproduction costs from materials list) 81 schools x \$10 per month x 10 school months = \$8,100 (\$810 gardening, \$7,290 schools). Total = \$18,005.	\$18,005
E. Materials		\$3,064		\$325	\$3,389	Cost to purchase materials to provide nutrition education activities.	Activity & Eating \$25 x 2 = \$50. Exercise Your Options for each middle school \$42 x 17 = \$714. Grow, Eat, Thrive-Growing Gardens for Health for 5 gardening project sites \$24.99 x 5 = \$124.95. Junior Master Gardener books for 5 gardening project sites \$40 x 5 = \$200. Professor Popcorn 2 CD's x \$50 = \$100. Recharge for each elementary school \$40 x 55 elementary schools = \$2,200. Total \$3,388.95	\$3,389
F1. Travel - In-State			\$4,913	\$668	\$5,580	Travel between schools and travel to partner meetings.	3 staff x 10 miles intra school travel x 4 visits x 81 schools = 9,720 miles @ \$0.445/mile = \$4,325.40. 10 miles intra school travel x 2 visits for parent food demonstrations x 16 schools = 320 miles @ \$0.445/mile = \$142.40. 10 miles intra school travel x 2 visits for pre-k parent food demonstration x 8 schools = 160 miles @ \$0.445/mile = \$71.20. 10 miles intra school travel x 3 visits per month for gardening project x 10 school months x 5 schools = \$1,500 @ \$0.445/mile = \$667.50. 10 miles intra school travel x 30 visits for cooking classes x 2 schools = 600 miles @ \$0.445/mile = \$267. Travel to meeting from Tucson to Phoenix 120 miles x 2 = 240 miles @ \$0.445/mile = \$106.80. Total \$5,580.30	\$5,580
F2. Travel - Out-of-State					\$0			\$0
F3. --- Total	\$0	\$0	\$4,913	\$668	\$5,580			\$5,580
G. Building Space					\$0			\$0
H1. Maintenance - Utilities					\$0			\$0
H2. Maintenance - Facilities					\$0			\$0
H3. --- Total	\$0	\$0	\$0	\$0	\$0			\$0
I. Equipment & Other capital					\$0			\$0
J. Indirect Costs					\$0			\$0
	\$0	\$83,579	\$4,913	\$10,250	\$98,741	TOTAL EXPENSES		\$98,741

*You must include a copy of your Indirect Cost Allocation Plan if you include Indirect Costs in your budget.