

**Tucson Unified School District  
COURSE PROPOSAL FORM**

Course Title: Fundamentals of Exercise Science	
Initiator: Dr. Diaz-Collazo	School/Department: Cholla High School

**NATURE OF REQUEST**

<b>New Course Type -</b> select one:	<input type="checkbox"/>	Standard credit	<input type="checkbox"/>	ELD	<input type="checkbox"/>	Honors
	<input checked="" type="checkbox"/>	Dual Credit - College	<input type="checkbox"/>	Exceptional Ed	<input type="checkbox"/>	Intervention
	<input type="checkbox"/>	CTE	<input type="checkbox"/>	GATE	<input type="checkbox"/>	Magnet

<b>Change in Course -</b> select one:	<input type="checkbox"/>	Change in course description	<input type="checkbox"/>	Change in title (will require a new code)
	<input type="checkbox"/>	Change in prerequisites	<input type="checkbox"/>	Change in credit distribution (will require a new code)
	<input type="checkbox"/>	Change in course length	<input type="checkbox"/>	Change in grade level
	<input type="checkbox"/>	Replacing prior course(s) _____		

**COURSE DESCRIPTION**

**Distribution Category - select one:**

<input type="checkbox"/>	Arts	<input type="checkbox"/>	Math (Algebra II)	<input type="checkbox"/>	Social Studies (American Government)
<input type="checkbox"/>	Career and Technical Education	<input type="checkbox"/>	Math (Geometry)	<input type="checkbox"/>	Social Studies (Economics)
<input type="checkbox"/>	English/Language Arts	<input type="checkbox"/>	Math (4 <sup>th</sup> Credit or higher)	<input type="checkbox"/>	Social Studies (World History/Geography)
<input checked="" type="checkbox"/>	Electives	<input type="checkbox"/>	Physical Education	<input type="checkbox"/>	World Languages
<input type="checkbox"/>	Health	<input type="checkbox"/>	Science		
<input type="checkbox"/>	Language Arts - middle school	<input type="checkbox"/>	Science (Lab Science)	<input type="checkbox"/>	Other – Please explain:
<input type="checkbox"/>	Math – middle school	<input type="checkbox"/>	Social Studies – middle school		
<input type="checkbox"/>	Math (Algebra I)	<input type="checkbox"/>	Social Studies (American & AZ History/Constitution)		

Intended grade levels:	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 8	<input type="checkbox"/> 9	<input type="checkbox"/> 10	<input checked="" type="checkbox"/> 11	<input checked="" type="checkbox"/> 12
Credits: 1.0	Course length:		<input type="checkbox"/> Semester		<input checked="" type="checkbox"/> Year		

**REQUIRED DOCUMENTS**

- COURSE DESCRIPTION** *New/updated course description to be included in the school catalog and/or handbook.*

Overview of various systems, reactions, adaptations to exercise and movement. The systems include the muscular system and anatomy, nervous system, kinesiology, metabolism, principles in exercise training, adaptations to exercise training, cardiovascular system, respiratory, and endocrine systems.

- COURSE SYLLABUS** –essential questions, objectives, desired outcomes, assessments, timeline - time spent on each section. – See Attached
- JUSTIFICATION FOR NEW COURSE:** *provide standards alignment information.* This course is intended to offer high school students college credit with a qualified college instructor while satisfying high school 3 or 4 year science credit. This is also an approved AGEC Laboratory Science class accepted to all Arizona Universities which is also requirement for the Arizona



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4. **DISTRICT ADOPTIONS** *identify district approved textbooks, software adoptions.*

**SIGNATURES:**

<b>Teacher:</b>	/S/ Maritza Diaz Collazo	<b>Date:</b>	June 1, 2018
<b>Principal:</b>	/S/ Frank Armenta	<b>Date:</b>	June 1, 2018
<b>Sr. Director Curriculum Dev:</b>	/S/ Dr. Giovanna Grijalva	<b>Date:</b>	June 1, 2018
<b>Asst. Superintendent Curriculum &amp; Instruction:</b>	/S/ Dr. Gabriel Trujillo	<b>Date:</b>	June 1, 2018
<b>Governing Board Approved</b>	YES / NO (Circle one)	<b>Date of GBA approval:</b>	

**\*\*\*\* Office Use Only \*\*\*\***

<b>Old Course #(s) if applicable</b>	<b>New Course #(s)</b>	<b>Course Title:</b>	<b>STATE Course Subject Area</b>
			AZ

	<b>Initial</b>	<b>Date</b>
<b>Course information</b>		
<b>Course Catalog Manager (1, 2)</b>		

